



PLAN. SEEK. FIND.

I ♥ SA.ROGAINING.COM.AU AN ADVENTURE STRATEGY SPORT

SA ROGAINING ASSOCIATION PRESENTS

THE ANNUAL END-OF-YEAR

MINIGAININE

3^{HR}

SPECTACULAR

SUNDAY 2 NOVEMBER WEST LAKES AND SURROUNDS

The start/finish (Hash House) is located at Rowing SA, 100 Military Road, West Lakes Shore.

Keep a look-out for the SA Rogaining flags on the Military Road entrance. Please car pool if possible, parking in the vicinity of the Hash House is free, but will be limited.

Guaranteed - an afternoon of adventure in your own city. With best dressed awards, live family entertainment, spot prizes and pizzas to finish off your day of fun!

Maps available from 12.00 noon.
Event starts at 1.00 pm; finishing at 4.00 pm.

Let us get you ahead before you even start!

Earn easy bonus* points by:

- 100** Having a novice [someone who has never attended a rogaine]
- 50** Having a child 9 or under in your team
- 50** Rogaining with a pram
- 50** Finishing the rogaine in fancy dress
- 20** Posting a team photo on the SARA facebook page

* bonus points are only offered at this Minigaine



**SOUTH AUSTRALIAN
ROGAINING ASSOCIATION**
AN ADVENTURE STRATEGY SPORT

E admin@sa.rogaining.com.au W sa.rogaining.com.au

OUR OFFICIAL PARTNERS



NATURAL / ACTIVE / APPAREL



FINAL INSTRUCTIONS

TRAINS, TEES AND TIDES.

Event Procedures

- Teams will be able to register at Administration from 12.00 pm onwards when maps will be distributed.
- There will be a short 'Tips and Tricks' session at 12.15 pm for novices.
- Event commences at 1.00pm and finishes at 4.00pm.
- Start and finish point is the Hash House.
- Late penalty is 10 points per minute and teams back more than 30 minutes late will be disqualified.
- Event briefing and answer sheet distribution will commence approx 15 minutes before start time.
- Map scale is 1:20000.
- All controls are in a question and answer format with multiple choice options for your answer.
- At the end of the event, pizza and fruit will be available, as well as cordial/tea/coffee.

Equipment Checklist

- Pencils or pens for writing down answers on the answer sheet
- Eating utensils for after the event at the Hash House (plate for pizza, cup for water or cordial)
- Table, chair or picnic blanket
- Planning items: paper, pens, map measurer (eg string)
- Map will be printed on teslin paper
- A smile

Course Items

- Compass, watch, pencil/pen
- Mobile phone (for emergencies only)
- Suitable clothing - dependent on the predicted weather
- Sandshoes, sunscreen, hat and small daypack
- Energy food if required
- Water bottles and water (1 litre or more depending on weather forecast)
- Safety Equipment - it is recommended but not mandatory, to take a whistle and a roller bandage (snakes are known to occur in some areas of the dune areas).

Respect for Property

- The controls are located in and around the suburban streets, so please respect all gardens and stay on paths whenever possible.
- Several controls are around water and train station platforms, please supervise your team mates and any small children in your team.
- Several controls are in and around golf courses, note that you cannot cross the green[s]. You must enter and exist via the front gates. Please be respectful to players, when entering their grounds.

Rules Summary

- Competitors shall not enter the course until the official start is signalled.
- The possession, at the event site, of maps that provide additional information not shown on the competition map is prohibited.
- Competitors shall travel only on foot or in a pram pushed by a competitor on foot!
- Members of a team shall remain within unaided verbal contact of one another at all times.
- All team members shall approach to within 5 metres of each checkpoint.
- Please do not guess (or google!) answers to any of the questions.

Bonus Points

There will be additional bonus points for your team to collect during the course of the event. Before you start the Minigaine, SARA are offering easy bonus points that you can organise now.

- 50 points if you rogaine with a pram
- 50 points if you rogaine in fancy dress
- 20 points if you post a photo during the Minigaine to our SA Rogaining Facebook page [www.facebook.com/SARogaining]
Remember to 'like' us now, for quick reference.

Emergency contact

Sally Caston 0412 44 11 62
Kate Corner 0410 660 562



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South Australian Rogaining Association Inc.

The Cross Country Navigation Sport

PO Box 176, Rundle Mall PO, Adelaide 5000

INDEMNITY AND RELEASE

All Members in a rogaining team must read, and sign this form. Maps will only be given out once ALL members have completed their details and signed.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Extreme care must be taken by participants to avoid injuries from falls which can occur at night time. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The Association requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering the event, they do so at their own risk.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

- a) The participant agrees to discharge and release the South Australian Rogaining Association, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation – directly or indirectly – in this event.
- b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the Association or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the Association for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the Association, its servants agents or any owner or occupier of land used in the proceedings.

This Section is to be completed by all participants aged 18 years or over.

I acknowledge the risks of rogaining and agree to participate on the conditions as described above.

Name :	Signed:	Date: / /
Name :	Signed:	Date: / /
Name :	Signed:	Date: / /
Name :	Signed:	Date: / /
Name :	Signed:	Date: / /

This section is to be completed by a responsible adult where a participant is under 18 years of age

If a parent, guardian or other responsible adult allows or encourages a person under the age of 18 years to participate in the activity, then that adult must be warned that the Association cannot accept any liability for injury or loss caused to the other person.

Name(s) of junior participant(s):	Team No (official use only):
1) _____	
2) _____	
3) _____	
4) _____	
<i>If more than one responsible adult is signing, please photocopy & submit separate forms</i>	
I acknowledge the risks of rogaining as described above and agree to indemnify the Association for any injury or loss arising from the above named minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.	
Print Name:	Relationship to participant: Parent / Guardian / Other (specify) <i>please delete whichever does not apply</i>
Signed:	Dated: / /