



FINAL INSTRUCTIONS

Velogaine Saturday April 9 2016 – Kapunda

The 2016 Velogaine is an event where teams of between 2 and 5 riders cycle to check points aided by a map. Each checkpoint (control) is given a point value and at the end of the time period the team that has collected the most points is the winner.

Location

The event start and finish is at Allendale North at the Wheatsheaf Hotel which is on the main bitumen road (easy to find so we'll only have signs near the Hotel). Allendale North is about 4 kms north of Kapunda. To get to Allendale North from Adelaide it is suggested you take the Port Wakefield Road to the North East Expressway and as you pass Gawler take the turnoff to Kapunda. From Kapunda head north on the Kapunda to Hamilton/Marrabel road. Allow 1 1/4 to 1 1/2 hours to travel from Adelaide. Parking is on the roads around the Wheatsheaf. Please be considerate of other road users and land owners when parking.

Time

There will be 2 time lengths; 4 hours and 2 hours. The 4 hour will begin at 10.00am; the 2 hour at 11.30 am. You will be penalised 10 points for every minute or part minute you are late returning to the finish. This time is taken from the last team member to finish. For example, if the last member of a team finishes 1 minute and 20 seconds late the team is penalised 20 points. If teams are level on points at the end of the event then ride time will determine the placings.

Maps, Navigation and Terrain

Maps will be given from 9.00am for both the 4 hour and the 2 hour. All controls are on public roads and teams should not cross private land. For safety reasons the centre of Kapunda has been deemed out of bounds (this is indicated on the map). Navigation should be easy (the map even has street names); if you can use a street directory you will be able to navigate the course. Roads vary from bitumen (not much and take care using and crossing bitumen – there are no road closures for the event) to good dirt roads to more interesting tracks. The terrain isn't overly technical and you won't need to be an ace on single track to be competitive.

There are no printed control clues but there may be information provided about individual controls at the rider briefing. Maps will be printed on waterproof paper. Map scale 1:50,000. Contour interval 10 metres.

Classes

Standard rogaine categories (determined when you entered).

Registration

Registration begins at 8.30. An indemnity form will need to be signed by all team members (or their parent/guardian). It will assist the admin crew if you know your team number (from the entry list).

Other rules and information

Your visit to a control will be validated by you punching a control card. Cards do not need to be attached to bikes and the card can be carried by different team members at different times in the event. Cards will be given out just before the start at the briefing (9.50 am and 11.20 am). The controls consist of an orange and white plate to which a punch is attached. The location of controls will be noted by coloured plastic tape. All team members must go within 5 metres of a control and must remain in verbal contact when riding between controls. Road rules must be obeyed and please show courtesy to any other road users you may encounter.

The number of the control gives its point value but please note that only the first number counts. So, for example, control 24 is worth 20 points and not 24 points.

Counter lunch and catering

If you have ordered a counter lunch via your entry these should served shortly after your finish time. If you haven't ordered a meal they are still available but you will have to go to 'the back of the queue'. The Wheatsheaf Hotel has generously allowed us to use their premises and in return it would be good if people could support them by buying a meal or a drink (or both). Coffee and tea will be available for free from the morning.

Time table

8.30 – registration begins

9.00 – maps given out

9.50 – rider briefing for 4 hour

10.00 - 4 hour start

11.20 – rider briefing for 2 hour

11.30 – 2 hour start

1.30 – 2 hour finish

2.00 – 4 hour finish

2.00+ - meals, presentation of results, random draw prize, general carry on



South Australian Rogaining Association Inc.

The Cross Country Navigation Sport

PO Box 176, Rundle Mall PO, Adelaide 5000

INDEMNITY AND RELEASE

All Members in a rogaining team must read, and sign this form. Maps will only be given out once ALL members have completed their details and signed.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Extreme care must be taken by participants to avoid injuries from falls which can occur at night time. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The Association requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering the event, they do so at their own risk.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

- a) The participant agrees to discharge and release the South Australian Rogaining Association, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation – directly or indirectly – in this event.
- b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the Association or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the Association for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the Association, its servants agents or any owner or occupier of land used in the proceedings.

This Section is to be completed by all participants aged 18 years or over.

I acknowledge the risks of rogaining and agree to participate on the conditions as described above.

Name :	Signed:	Date: / /
Name :	Signed:	Date: / /
Name :	Signed:	Date: / /
Name :	Signed:	Date: / /
Name :	Signed:	Date: / /

This section is to be completed by a responsible adult where a participant is under 18 years of age

If a parent, guardian or other responsible adult allows or encourages a person under the age of 18 years to participate in the activity, then that adult must be warned that the Association cannot accept any liability for injury or loss caused to the other person.

Name(s) of junior participant(s): 1) _____ 2) _____ 3) _____ 4) _____	Team No (official use only):
<i>If more than one responsible adult is signing, please photocopy & submit separate forms</i>	
I acknowledge the risks of rogaining as described above and agree to indemnify the Association for any injury or loss arising from the above named minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.	
Print Name:	Relationship to participant: Parent / Guardian / Other (specify) <i>please delete whichever does not apply</i>
Signed:	Dated: / /