



FINAL INSTRUCTIONS

VELOGAINE SATURDAY 21 APRIL 2018

The 2018 Velogaine is an event where teams of between 2 and 5 riders cycle to checkpoints aided by a map. Each checkpoint (control) is given a point value and at the end of the time period the team that has collected the most points is the winner.

Location

The event start and finish is at Dutton which is approximately 6km north of Truro. Travel time from Adelaide is about one and a half hours. It is suggested that you take the Northern Expressway turning off from the Port Wakefield Road and follow this as it becomes the Sturt Highway. As you enter Truro, turn left onto the Eudunda Road and follow the bitumen to Dutton. The start and finish is at the former St Johns School Hall on Rice Street on the edge of town (and it's not a big town). There will be rogaine signs at the Eudunda Road turnoff in Truro, and at Dutton. There was roadworks along the Eudunda road over the last week, so take care with speed limits and any local directions from road workers.

Time

There will be two time lengths; 4-hours and 2-hours. The 4-hour will begin at 10.00am; the 2-hour at 11.00 am. You will be penalised 10 points for every minute or part minute you are late returning to the finish. This time is taken from the last team member to finish. For example, if the last member of a team finishes 1 minute and 20 seconds late the team is penalised 20 points. If teams are level on points at the end of the event, then ride time will determine the placings.

Maps, Navigation and Terrain

Maps will be given out from 9.00am for both the 4 hour and the 2 hour. Most controls are on public roads or rights-of-way (sort of semi-private). When on these trails please do not cross farm land. Navigation should be easy (the map even has road names); if you can use a street directory you will be able to navigate the course. Roads vary from bitumen (please take care – there are no road closures for the event) to good dirt roads to more interesting tracks. The terrain isn't overly technical and you won't need to be an ace on single track to be competitive.

Maps will be printed on waterproof paper. Map scale 1:50,000. Contour interval 10 metres.

Classes

Standard rogaine categories (determined when you entered).

In addition, there will be an electric bike class which replicates the standard rogaining categories. Any team with one or more electric bikes is automatically in the electric bike class. This will be checked as teams finish.

Registration

Registration begins at 8.30. An indemnity form will need to be signed by all team members (or their parent/guardian), and a first-aid kit with roller bandage will need to be shown, prior to receiving the team's maps. It will assist the admin crew if you know your team number (from the entry list).

Equipment: Required

- Bicycle in good working order with 2 effective brakes (Mountain bike, cyclocross bike or similar)
- Helmet
- Appropriate clothing
- Water...

Competitors are strongly encouraged to bring all their own water to cover their requirements before, during, and after the event. There are no water drops on the course, and drinkable water at the event centre is in extremely limited supply.

- First aid kit including roller bandage for snake bite (one per team)



Recommended

- Pre-event food and energy bars for the ride
- Tools and spares
- Map board ([see website for details](#))
- Compass
- Table and chairs (for planning)
- Cup and plate and utensils (for enjoy post event goodness)

Not permitted

- GPS mapping systems for navigation. (If you wish to carry your GPS to log your track, Admin can provide a plastic bag to seal your unit for the duration of your course).

Other rules and information

Your visit to a control will be validated by you punching a control card. Cards do not need to be attached to bikes and the card can be carried by different team members at different times in the event. Cards will be given out just before the start at the briefing (9.50 am and 10.50 am). The controls consist of an orange and white plate to which a punch is attached, and will be easily visible when at the control location as described on the controls list available as a separate sheet (and also printed on the back of the map). All team members must go within 5 metres of a control and must remain in verbal contact when riding between controls. Road rules must be obeyed and please show courtesy to any other road or trail users you may encounter (this may include horses on rights-of-way).

The number of the control gives its point value but please note that only the first number counts. So, for example, control 43 is worth 40 points and not 43 points.

There are no water drops on the course so riders will need to carry their own water.

Snakes were seen on the course during setting and they may still be active. Some sections have long grass. Each team is required to have a roller bandage in case of snake bite. Bandages will be for sale at the start. Please leave all gates as you found them and respect private property.

At the ride briefings there will most likely be information given out about some control placements and the state of some roads/tracks so it is advisable that you attend the briefing.

Post event goodness

Lunch will be available after the ride (from around 1.30pm) to riders and to any friends or family who have accompanied the rider and paid a meal fee. The catering is by the local Truro Primary School – please support them. As well as the lunch, extra food and drink will be for sale. Please bring cash for this and for the proposed school fundraising raffle.

Time table

8.30 registration begins
9.00 maps given out
9.50 rider briefing for 4-hour
10.00 4-hour start
10.50 rider briefing for 2-hour
11.00 2-hour start
13.00 2-hour finish
14.00 4-hour finish
14.00+ meals, presentation of results, random draw prize, general carry on



SOUTH AUSTRALIAN ROGAINING ASSOCIATION, INC.

CHILD INDEMNITY AGREEMENT

A parent or guardian of each child member of a rogaining team must read and sign this agreement in order to enter this event. Maps will only be given out once a parent or guardian of each child member has completed their details and signed.

RISK WARNING: Competing in a rogaining event is subject to risks. These include death, serious injury or illness due to: rough terrain and obstacles, especially at night-time; overexertion; heat, cold or other adverse weather conditions; plant and animal life; and accidents with vehicles, other competitors, landowners or members of the public. There are also risks that access to medical, evacuation or search services might be slow; and that your personal property might be damaged or lost.

MEDICAL COSTS: I agree that if my child is injured or requires medical assistance, South Australian Rogaining Association, Inc, any of its members, officers, volunteers, or any other party associated with organising the event (together, the Event Organisers) may, at my cost, arrange medical treatment and emergency evacuation as deemed necessary by the Event Organisers. I agree that I am responsible for my child's medical and ambulance insurance cover.

RELEASE AND INDEMNITY: I have read the risk warning above, and ensured my child has read the warning, or explained it to him or her. I will ensure my child listens to and understands the risk warning given by the organisers of this event prior to its commencement. I am aware that rogaining is a recreational activity that can be dangerous. I accept there is a degree of risk. I acknowledge that my child participate in this event at his or her own risk. I agree to release and indemnify the Event Organisers from and against any claims, demands, rights or causes of actions, expenses, and costs whatsoever that my child, I, or other parties may have or that may be made by my child or me or other parties on my child's or on my behalf or by other parties in their own right, for or in respect of or arising out of any injury, loss, damage, or death caused to my child or my child's property as a result of my child's presence at, or participation in, this event, whether by negligence, breach of contract or in any way whatsoever.

Name of child #1:

Name of parent/guardian:

Signature:

Date:

Name of child #2:

Name of parent/guardian:

Signature:

Date:

Name of child #3:

Name of parent/guardian:

Signature:

Date:

Name of child #4:

Name of parent/guardian:

Signature:

Date:



SOUTH AUSTRALIAN ROGAINING ASSOCIATION, INC.

ADULT INDEMNITY AGREEMENT

All adult members of a rogaining team must read and sign this agreement in order to enter this event. Maps will only be given out once all adult members have completed their details and signed.

ACKNOWLEDGEMENT OF RISK AND RELEASE FROM LIABILITY

RISK WARNING: Competing in a rogaining event is subject to risks. These include death, serious injury or illness due to: rough terrain and obstacles, especially at night-time; overexertion; heat, cold or other adverse weather conditions; plant and animal life; and accidents with vehicles, other competitors, landowners or members of the public.

There are also risks that access to medical, evacuation or search services might be slow; and that your personal property might be damaged or lost.

MEDICAL COSTS: I agree that if I am injured or require medical assistance, South Australian Rogaining Association, Inc, any of its members, officers, volunteers, or any other party associated with organising the event (together, the Event Organisers) may, at my cost, arrange medical treatment and emergency evacuation as deemed necessary by the Event Organisers. I agree that I am responsible for my own medical and ambulance insurance cover.

RELEASE AND INDEMNITY: I have read the risk warning above. I have listened to and understood, or will ensure I do listen to and understand, the risk warning given by the organisers of this event prior to its commencement. I am aware that rogaining is a recreational activity that can be dangerous. I accept there is a degree of risk. I acknowledge that I participate in this event at my own risk. I agree to release and indemnify the Event Organisers from and against any claims, demands, rights or causes of actions, expenses, and costs whatsoever that I or other parties may have or that may be made by me or on my behalf or by other parties for or in respect of or arising out of any injury, loss, damage, or death caused to me or my property as a result of my presence at, or participation in, this event, whether by negligence, breach of contract or in any way whatsoever.

EXCLUSION OF RIGHTS UNDER THE AUSTRALIAN CONSUMER LAW

YOUR RIGHTS: Under sections 60 and 61 of the Australian Consumer Law (SA), if a person in trade or commerce supplies you with services (including recreational services¹), there is —

- a statutory guarantee that those services will be rendered with due care and skill; and
- a statutory guarantee that those services, and any product resulting from those services, will be reasonably fit for the purpose for which the services are being acquired (as long as that purpose is made known to the supplier); and
- a statutory guarantee that those services, and any product resulting from those services, will be of such a nature, and quality, state or condition, that they might reasonably be expected to achieve the result that the consumer wishes to achieve (as long as that wish is made known to the supplier or a person with whom negotiations have been conducted in relation to the acquisition of the services).

Excluding, restricting or modifying your rights: Under section 42 of the Fair Trading Act 1987, the supplier of recreational services is entitled to ask you to agree to exclude, restrict or modify his or her liability for any personal injury suffered by you or another person for whom or on whose behalf you are acquiring the services (a third party consumer).

If you sign this form, you will be agreeing to exclude, restrict or modify the supplier's liability with the result that compensation may not be payable if you or the third party consumer suffer personal injury².



IMPORTANT: You do not have to agree to exclude, restrict or modify your rights by signing this form. The supplier may refuse to provide you with the services if you do not agree to exclude, restrict or modify your rights by signing this form.

Even if you sign this form, you may still have further legal rights against the supplier.

A child under the age of 18 cannot legally agree to exclude, restrict or modify his or her rights.

A parent or guardian of a child who acquires recreational services for the child cannot legally agree to exclude, restrict or modify the child's rights.

AGREEMENT TO EXCLUDE, RESTRICT OR MODIFY YOUR RIGHTS: I agree that the liability of the South Australian Rogaining Association, Inc for any personal injury that may result from the supply of the recreational services that may be suffered by me (or a person for whom or on whose behalf I am acquiring the services) is excluded.

Name: _____
Signature: _____
Date: _____
Signature of witness: _____
Name and address of witness: _____

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DEFINITIONS

- 1 Recreational services are services that consist of participation in—
 - a sporting activity or similar leisure-time pursuit; or
 - any other activity that involves a significant degree of physical exertion or risk and is undertaken for the purposes of recreation, enjoyment or leisure.
- 2 Personal injury is bodily injury and includes mental and nervous shock and death.