



## FINAL INSTRUCTIONS

### TOUR DE MT TORRENS

#### 4-HOUR VELOGAINE

**16 October 2021, 10.00am – 2.00pm**

This is an event where teams cycle to controls (or checkpoints) aided by a map. Each control is given a point value and at the end of the time period the team that has collected the most points is the winner.

#### Location

The event start and finish (Hash House) is at the Mount Torrens Oval on Oval Road. Mount Torrens is approximately a one-hour drive from Adelaide. There will be SA Rogaining signs on Onkaparinga Valley Road.

#### Time

The competition runs for 4 hours between 10.00am and 2.00pm. Should you return after 2.00pm you will be penalised 10 points for every minute or part minute you are late. This time is taken from the last team member to finish. For example, if the last member of a team finishes 1 minute and 20 seconds late the team is penalised 20 points. If teams have equal points at the end of the event then ride time will determine the placings.

#### Maps, Navigation and Terrain

Registration and map distribution begins at 8.30am. An indemnity form will need to be signed by all team members (or their parent/guardian). The indemnity form is at the end of these instructions. Printing it out and completing it beforehand will assist us and save you time.

All controls are on public roads and teams should not cross private land. Roads vary from bitumen (please take care – there are no road closures for the event), to good dirt roads, to more interesting tracks. The terrain is not overly technical, and you do not need to be an ace on single track to be competitive. All controls are on roads or tracks or very near them. As well as the actual plate control, a plastic ribbon will mark the location of the control. Control clues are printed on the map.

Maps are printed on waterproof paper. Map scale is 1:50,000. Contour interval is 10 metres.

#### Equipment

##### Required:

- Bicycle in good working order with two effective brakes (mountain bike, cyclocross bike or similar)
- Helmet
- Appropriate clothing
- Own water (there are no water drops on the course)

##### Recommended:

- Food for ride
- Tools and spares
- Map board
- Compass
- First aid kit – especially roller bandage for snake bite (these can be purchased on the day)
- Table and chair (for planning)
- Cup and plate (for lunch)



## Navlight Wristbands

The electronic Navlight scoring system will be used at this event, and every competitor will be allocated a Navlight wristband, which will be placed on each competitor's wrist by the Admin team. Any teams without wristbands by 9.50am will have to wait until after the start of the event to be fitted.

The tag on **every** wristband in the team will need to be 'punched' at each control to receive the score for that control. **No record on a tag = no score for the control for the team.** The key is to hold the punch against the tag until the punch flashes. If you don't see the flash, try again. If you are certain the punch is faulty, take a record of the three-letter code on the punch.

There will be practice punches at Admin so you can see how they operate.

**Please take care not to lose your wristband – these are surprisingly expensive electronic devices, and you will be charged a \$55 replacement fee if one is lost. They MUST be returned at the end of the event.**

## Other rules and information

- Road rules must be obeyed, and courtesy shown to any other road or trail users encountered.
- Please leave all gates as you found them and respect private property.
- GPS systems are not to be used during the competition
- At the pre-event briefing, information will most likely be provided about some control placements and the state of some roads/tracks, so it is advisable that you attend the briefing.
- Team members should remain in verbal contact with each other at all times.

## Lunch

Lunch will be available after the ride (from 1.30pm) to riders and to any friends or family who have accompanied the rider and paid a meal fee. The catering is by the Mount Torrens Centennial Oval Committee. As well as lunch, our regular coffee van will be operating at the oval from early in the day.

## Toilets

There are toilets at the oval but they are limited. We suggest that you visit the toilet at your home before you leave and/or visit a public toilet on the way to the event. There are public toilets at Lobethal, Charleston, Gumeracha and Birdwood. There are no other public toilets in Mt Torrens.

## COVID-19

Please sign in at the oval using the QR code or the sign in sheet and use hand sanitizer as appropriate. Normal COVID-19 restrictions and practices will apply.

## Photography

There will be a photographer, Tony Kimberlin, taking photos for SARA as a record of the event and for use in publicity, social media etc. If you do not want your picture taken, please just let Tony know.

## Timetable

8.30am	Registration begins - maps and Navlight wrist bands handed out
9.50am	Rider briefing – Navlight wrist tags activated
10.00am	Event start
1.30pm	Lunch available for those finishing early
2.00pm	Event finish
~2.30pm	Presentation of results



**SOUTH AUSTRALIAN ROGAINING ASSOCIATION, INC.**

## **ADULT INDEMNITY AGREEMENT**

All adult members of a rogaining team must read and sign this agreement in order to enter this event. Maps will only be given out once all adult members have completed their details and signed.

### **ACKNOWLEDGEMENT OF RISK AND RELEASE FROM LIABILITY**

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**RISK WARNING:** Competing in a rogaining event is subject to risks. These include death, serious injury or illness due to: rough terrain and obstacles, especially at night-time; overexertion; heat, cold or other adverse weather conditions; plant and animal life; and accidents with vehicles, other competitors, landowners or members of the public.

There are also risks that access to medical, evacuation or search services might be slow; and that your personal property might be damaged or lost.

**MEDICAL COSTS:** I agree that if I am injured or require medical assistance, South Australian Rogaining Association, Inc, any of its members, officers, volunteers, or any other party associated with organising the event (together, the Event Organisers) may, at my cost, arrange medical treatment and emergency evacuation as deemed necessary by the Event Organisers. I agree that I am responsible for my own medical and ambulance insurance cover.

**RELEASE AND INDEMNITY:** I have read the risk warning above. I have listened to and understood, or will ensure I do listen to and understand, the risk warning given by the organisers of this event prior to its commencement. I am aware that rogaining is a recreational activity that can be dangerous. I accept there is a degree of risk. I acknowledge that I participate in this event at my own risk. I agree to release and indemnify the Event Organisers from and against any claims, demands, rights or causes of actions, expenses, and costs whatsoever that I or other parties may have or that may be made by me or on my behalf or by other parties for or in respect of or arising out of any injury, loss, damage, or death caused to me or my property as a result of my presence at, or participation in, this event, whether by negligence, breach of contract or in any way whatsoever.

### **EXCLUSION OF RIGHTS UNDER THE AUSTRALIAN CONSUMER LAW**

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**YOUR RIGHTS:** Under sections 60 and 61 of the Australian Consumer Law (SA), if a person in trade or commerce supplies you with services (including recreational services<sup>1</sup>), there is —

- a statutory guarantee that those services will be rendered with due care and skill; and
- a statutory guarantee that those services, and any product resulting from those services, will be reasonably fit for the purpose for which the services are being acquired (as long as that purpose is made known to the supplier); and
- a statutory guarantee that those services, and any product resulting from those services, will be of such a nature, and quality, state or condition, that they might reasonably be expected to achieve the result that the consumer wishes to achieve (as long as that wish is made known to the supplier or a person with whom negotiations have been conducted in relation to the acquisition of the services).

Excluding, restricting or modifying your rights: Under section 42 of the Fair Trading Act 1987, the supplier of recreational services is entitled to ask you to agree to exclude, restrict or modify his or her liability for any personal injury suffered by you or another person for whom or on whose behalf you are acquiring the services (a third party consumer).

If you sign this form, you will be agreeing to exclude, restrict or modify the supplier's liability with the result that compensation may not be payable if you or the third party consumer suffer personal injury<sup>2</sup>.



**IMPORTANT:** You do not have to agree to exclude, restrict or modify your rights by signing this form.

The supplier may refuse to provide you with the services if you do not agree to exclude, restrict or modify your rights by signing this form.

Even if you sign this form, you may still have further legal rights against the supplier.

A child under the age of 18 cannot legally agree to exclude, restrict or modify his or her rights.

A parent or guardian of a child who acquires recreational services for the child cannot legally agree to exclude, restrict or modify the child's rights.

**AGREEMENT TO EXCLUDE, RESTRICT OR MODIFY YOUR RIGHTS:** I agree that the liability of the South Australian Rogaining Association, Inc for any personal injury that may result from the supply of the recreational services that may be suffered by me (or a person for whom or on whose behalf I am acquiring the services) is excluded.

Name:	Mobile number:
Signature:	Emergency contact number of a non-competitor:
Date:	
Signature of witness:	
Name and address of witness:	

Name:	Mobile:
Signature:	Emergency contact number of a non-competitor:
Date:	
Signature of witness:	
Name and address of witness:	

Name:	Mobile:
Signature:	Emergency contact number of a non-competitor:
Date:	
Signature of witness:	
Name and address of witness:	

Name:	Mobile:
Signature:	Emergency contact number of a non-competitor:
Date:	
Signature of witness:	
Name and address of witness:	

Name:	Mobile:
Signature:	Emergency contact number of a non-competitor:
Date:	
Signature of witness:	
Name and address of witness:	

**DEFINITIONS**

- 1 Recreational services are services that consist of participation in—
  - a sporting activity or similar leisure-time pursuit; or
  - any other activity that involves a significant degree of physical exertion or risk and is undertaken for the purposes of recreation, enjoyment or leisure.
- 2 Personal injury is bodily injury and includes mental and nervous shock and death.

Further information: Further information about your rights can be found at [www.ocba.sa.gov.au](http://www.ocba.sa.gov.au).



**SOUTH AUSTRALIAN ROGAINING ASSOCIATION, INC.**

**CHILD INDEMNITY AGREEMENT**

A parent or guardian of each child member of a rogaining team must read and sign this agreement in order to enter this event. Maps will only be given out once a parent or guardian of each child member has completed their details and signed.

**RISK WARNING:** Competing in a rogaining event is subject to risks. These include death, serious injury or illness due to: rough terrain and obstacles, especially at night-time; overexertion; heat, cold or other adverse weather conditions; plant and animal life; and accidents with vehicles, other competitors, landowners or members of the public. There are also risks that access to medical, evacuation or search services might be slow; and that your personal property might be damaged or lost.

**MEDICAL COSTS:** I agree that if my child is injured or requires medical assistance, South Australian Rogaining Association, Inc, any of its members, officers, volunteers, or any other party associated with organising the event (together, the Event Organisers) may, at my cost, arrange medical treatment and emergency evacuation as deemed necessary by the Event Organisers. I agree that I am responsible for my child's medical and ambulance insurance cover.

**RELEASE AND INDEMNITY:** I have read the risk warning above, and ensured my child has read the warning, or explained it to him or her. I will ensure my child listens to and understands the risk warning given by the organisers of this event prior to its commencement. I am aware that rogaining is a recreational activity that can be dangerous. I accept there is a degree of risk. I acknowledge that my child participate in this event at his or her own risk. I agree to release and indemnify the Event Organisers from and against any claims, demands, rights or causes of actions, expenses, and costs whatsoever that my child, I, or other parties may have or that may be made by my child or me or other parties on my child's or on my behalf or by other parties in their own right, for or in respect of or arising out of any injury, loss, damage, or death caused to my child or my child's property as a result of my child's presence at, or participation in, this event, whether by negligence, breach of contract or in any way whatsoever.

Name of child #1:

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Name of parent/guardian:

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Signature:

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Date:

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Name of child #2:

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Name of parent/guardian:

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Signature:

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Date:

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Name of child #3:

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Name of parent/guardian:

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Signature:

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Date:

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Name of child #4:

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Name of parent/guardian:

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Signature:

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Date:

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